



INTERNATIONAL
HOTEL SCHOOL

National Certificate in Professional Cookery



ADMISSION REQUIREMENTS

Grade 10 pass or equivalent. A National Senior Certificate will be an added advantage.



DURATION

1 Year, Full-time



INTAKES PER YEAR

March, July and September

What will I learn?

This programme covers both safety at work in the preparation of food, healthy eating and special diets, costing and menu planning and the preparation, cooking and finishing of a wide range of commodities and dishes. This programme has been developed for professionals in the food preparation industry. It brings together elements of food and drinks preparation as well as supervision. This programme applies to all sectors, from small restaurants and lodges, to large-scale hotels.

Programme Content includes:

- Prepare and cook basic meat, poultry and game
- Prepare and cook basic sauces and soups
- Prepare and cook fish and shellfish dishes
- Cooking and service of cold preparation dishes
- Hygiene in the kitchen
- Storage of food, equipment and utensils
- Menu planning
- Nutrition
- Budgeting and cost control
- Food safety
- Kitchen maintenance and design



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What qualification will I gain?

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Upon successful completion graduates will receive:

- National Certificate in Professional Cookery (SAQA ID No: 14111, NQF Level 4)

****Only available at Gqeberha campus.***

www.hotelschool.co.za



Go Anywhere

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