



INTERNATIONAL
HOTEL SCHOOL

Professional Cookery & Patisserie Programmes



ADMISSION REQUIREMENTS

Grade 10 pass or equivalent. A National Senior Certificate will be an added advantage.



DURATION

2 Years, Full-time



INTAKES PER YEAR

March and July

On successful completion of the 1st year you achieve an NQF Level 4 qualification, equivalent to the same level as a Grade 12. This will allow you to complete your 2nd year achievement of the NQF Level 5 qualification.

What will I learn?

This specialisation programme provides students with all the relevant theory, background and practical cookery skills, needed to give their culinary career the best head start. It is the ideal programme for those wishing to make their career in the field of professional cookery and patisserie. This programme includes theory and practical skills for hot and cold kitchen sections, patisserie, and an additional specialisation of sugar craft and chocolate work.

Programme Content includes:

- Prepare and cook basic meat, poultry and game
- Prepare and cook basic sauces and soups
- Prepare and cook fish and shellfish dishes
- Cooking and service of cold preparation dishes
- Hygiene in the kitchen
- Storage of food, equipment and utensils
- Menu planning
- Nutrition
- Budgeting and cost control
- Food safety
- Kitchen maintenance and design
- Hot and cold sauces
- Simple frozen desserts
- Bake cakes and sponges
- Bake paste based products and desserts
- Meringue based products and desserts
- Gelatine set desserts
- Egg set desserts
- Bake chemically aerated products
- Cook fruit-based desserts
- Bake fermented products
- Use creams, fillings and glazes
- Use decorative mediums



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What qualification will I gain?

National Certificate in Professional Cookery & National Certificate in Patisserie

Upon successful completion graduates will receive:

- QCTO Occupational Certificate: Cook (SAQA ID No: 102296)
- National Certificate in Patisserie (SAQA ID No: 73292, NQF Level 5)
- Sugar Craft and Chocolate Work specialisation included in the programme

www.hotelschool.co.za



Go Anywhere

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